

**NEW FOR  
2022!**



## GET CONNECTED TO A REAL STUDIO RIDE

Bring home the studio with the advanced connectivity of our 7.0 IC Indoor Cycle. Simply pair your phone or tablet via Bluetooth and keep pace with your favorite cycling classes using 50 electronically controlled resistance levels. Extras include a dual water bottle holder to keep you hydrated and clip-in pedals for a secure, comfortable ride.



### FEATURES

Model Number	7.0IC-22
Handlebars	Vertically and Horizontally Adjustable
Pedals	Interchangeable Dual-sided Pedals with Cages and Pedal Clips
Seat	Road-style Saddle
Seat Adjustment	Vertical & Horizontal
Extras	Energy Saver Mode, Rollerblade style transport Wheels, Dual Bottle Holders, Tablet/Reading Rack

### CONSOLE

Display	75 x 47mm Backlit LCD (Standard)
Workout Feedback	Resistance, Cadence, HR, Time, Distance, Calories, Speed
Programs	Manual, Distance, Calories, Weight Loss, Intervals
Entertainment	Compatible with Popular Fitness APPs
Workout Tracking	Bluetooth 4.0 FTMS
Heart Rate	Bluetooth HR

### RESISTANCE SYSTEM

Resistance System	ECB Magnetic Brake
Power Requirement	Adapter
Resistance Levels	50 Levels, 0 – 100 Electronically Adjustable

### TECH SPECS

Drive System	Belt Drive
Assembled Dimensions (L x W x H)	120 x 53 x 120 cm / 47" x 21" x 47"
Product Weight	39 kg / 87 lbs.
Max User Weight	136 kg / 300 lbs.

## MAKE EVERY RIDE A NEW REVOLUTION

An integrated Bluetooth cadence sensor on our Studio Series indoor cycles provides a precise measurement of rpms and sends real-time data to @Zone and other compatible training apps or displays. This makes it easier than ever to compare your performance to previous rides as you strive for a new personal best.



\*Tablet not included.

## @ZONE

### AT HOME WITH YOUR FAVORITE STUDIO CLASSES

You'll always be able to access an inspiring studio experience right for your goals and schedule. Whether you love a good run, a smooth-moving elliptical workout or an invigorating ride, you'll discover workouts that pair perfectly with your equipment.

