

**NEW FOR
2022!**



WHERE VARIETY & VALUE RIDE TOGETHER

Beginning and intermediate riders will love the comfortable fit and smooth performance of our 5.0 IC Indoor Cycle. It includes Bluetooth to connect to @Zone and other popular training apps on your smartphone or tablet, plus 50 levels of resistance that are easily adjusted on the console. Multi-position hand grips and a fully adjustable seat ensure a comfortable, efficient ride.



FEATURES	
Model Number	5.0IC-21
Handlebars	Vertically Adjustable
Pedals	Interchangeable Dual-sided Pedals with Cages and Pedal Clips
Seat	Road-style Saddle
Seat Adjustment	Vertical & Horizontal
Extras	Energy Saver Mode, Transport Wheels, Bottle Holder, Tablet/Reading Rack
CONSOLE	
Display	42 x 32 mm LCD (Standard)
Workout Feedback	Resistance, Cadence, HR, Time, Distance, Calories, Speed
Programs	Manual
Entertainment	Compatible with Popular Fitness APPs
Workout Tracking	Bluetooth 4.0 FTMS
Heart Rate	Bluetooth HR

RESISTANCE SYSTEM	
Resistance System	ECB Magnetic Brake
Power Requirement	Adapter
Resistance Levels	50 Levels, 0 – 100 Electronically Adjustable
TECH SPECS	
Drive System	Belt Drive
Assembled Dimensions (L x W x H)	120 x 53 x 115 cm / 47" x 21" x 45"
Product Weight	38 kg / 85 lbs.
Max User Weight	113 kg / 250 lbs.

MAKE EVERY RIDE A NEW REVOLUTION

An integrated Bluetooth cadence sensor on our Studio Series indoor cycles provides a precise measurement of rpms and sends real-time data to @Zone and other compatible training apps or displays. This makes it easier than ever to compare your performance to previous rides as you strive for a new personal best.



*Tablet not included.

@ZONE

AT HOME WITH YOUR FAVORITE STUDIO CLASSES

You'll always be able to access an inspiring studio experience right for your goals and schedule. Whether you love a good run, a smooth-moving elliptical workout or an invigorating ride, you'll discover workouts that pair perfectly with your equipment.

